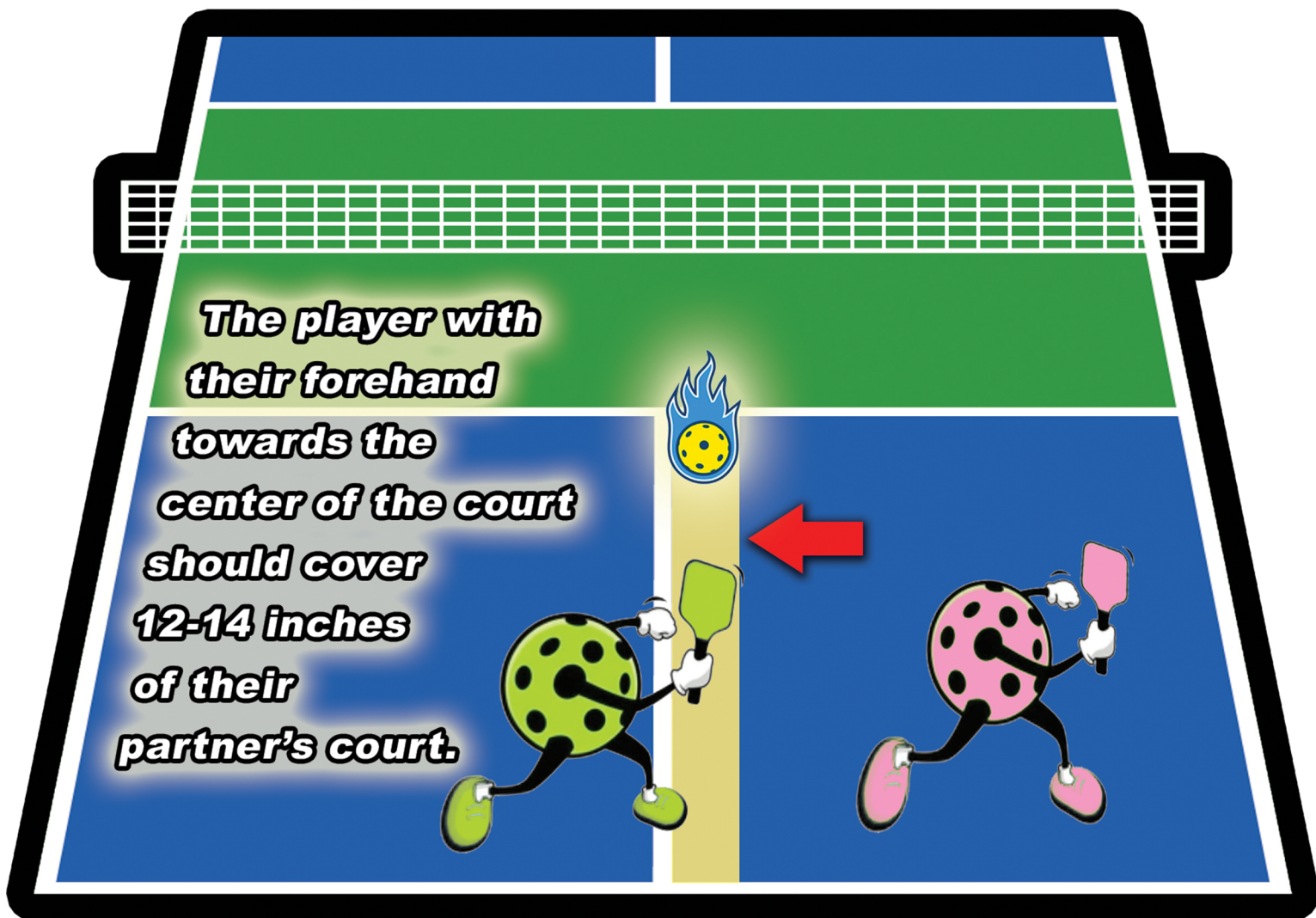




Communication is Key!



Hitting the ball down the middle is a great way to confuse your opponents. If you're on the receiving end, partner communication is extremely important. Discuss with your partner who should return balls that come to the middle. Most often it's whichever player has the forehand facing the middle, and if both forehands are towards the middle, the stronger forehand player should make most of those middle shots.

The forehand player should hit most shots that are 12 to 18 inches over the middle line on their partner's side.